



**sexy tips for using FC2 female condom**

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# sexy tips for using FC2 female condom

It's not always easy to talk about safe sex. When and how do you start?

FC2 female condom is safe and sensual, prevents pregnancy and protects against sexually transmitted infections, including HIV. Here are some sexy tips for you to use with your partner.

## **double the pleasure**

The two rings double the pleasure. Ask your partner to rub the outer ring on your clitoris using his fingers or penis and tell him how sexy it will feel when his penis bumps up against the inner ring inside you.

## **show and tell**

Insert FC2 while your partner watches or alternatively, ask him to insert it!

## **feel the heat**

FC2 is made from a synthetic material which warms to your body's temperature, so both you and your partner can feel the heat.

## **make it slippery**

Add more oil or water based lubricants to increase pleasure.

## **no stopping now**

Your partner doesn't need to be erect to use FC2. You can insert FC2 a few hours or minutes before sex so now you and your partner don't need to stop and put on a condom in the heat of the moment!

## **no latex means no allergies**

FC2 is non allergenic so is a great option if you or your partner are sensitive to latex.

FC2 female condom is a soft, smooth condom made from a synthetic material. It is designed to fit inside the vagina and allows the penis to move freely inside the condom during sex. It covers the cervix, as well as part of the woman's external sex organs and the base of the penis. It holds sperm after ejaculation, preventing pregnancy and acts as a barrier to viruses and bacteria that cause sexually transmitted infections (STIs), including HIV. It can be inserted a few hours or minutes before intercourse, is not dependent on the male erection and does not require immediate withdrawal after ejaculation. FC2 is a great safe sex option for men and women who want to prevent pregnancies and protect themselves against STIs, including HIV. With correct and consistent use, FC2 is as effective as other barrier methods and has no known side effects or risks.

Adapted from the pleasure project's *sexy tips for female condoms*.

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